SCHOOL UNIFORMS - 2025-2026

It is a proven fact that uniforms: effect behavior in a positive way, eliminate competition, save money, instill pride (if worn properly), and give one a sense of belonging.

All students in Grades K-5 at St. Rita School are to be dressed in the proper uniform each day of the school year. Complete uniform is to be worn to and from school unless specific permission is granted otherwise. Parents will be notified of any violation of the uniform code.

No jewelry (this includes plastic chokers, chains, and ankle or wrist bracelets). Necklaces are NOT allowed for safety reason (PE & Recess – playground) except for religious necklaces (crosses or medals) on a small, short chain that are word UNDER the child's blouse or shirt. Only stud earrings are acceptable for girls. Other earrings are dangerous at lunch time and in PE class. Boys are not allowed to wear earrings in school or at school functions.

No unusual hair styles (including mohawks, hair carvings, bleached, colored, tinted, highlighted, etc.) are to be worn. These can all be distracting to the learning process. Only navy, white, or school plaid headbands and small bows are allowed. Hair for boys and girls should not be in their eyes or over their faces. Boys hair should be **above** the collar.

Clothing must "fit appropriately". Not too tight, not too loose, and/or not too short.

GIRLS - GRADES K - 5

- Regulation plaid jumper 2 choices in style
- **NEW 24-25** Plaid skirt for girls in Grades 4 and 5 only
- Navy blue uniform dress pants or skort purchased from Stitchworks.
- Navy blue dress shorts from Stitchworks. (Shorts may only be worn during September, October, April, May, and June.) Shorts purchased in September that are too small or short in April should not be worn.
- Plain white or blue tailored blouse with embroidered Peter Pan collar (long or short sleeved) to be worn only with jumper.
- White embroidered polo shirt, long or short-sleeved, may be worn tucked in with uniform shorts, skorts, skirts, or pants, NOT with jumper.
- Skirts, shorts and skorts should reach the length of your fingertip when considering length.
- White embroidered turtleneck (appropriate in winter), may be worn with jumper, skort, pants, skirt, or shorts
- Navy or white knee socks, tights, or "crew" type socks. (no golf socks). Socks must be above the ankles.
- Plain navy blue embroidered sweater or fleece (pullover or cardigan) purchased from Stitchworks or Recognition Experts.
- NO makeup is to be worn. Subtle-colored solid nail polish no decals/designs is allowed.

BOYS - GRADE K - 5

- Regulation light blue embroidered polo shirt purchased from Stitchworks. Shirts may be long or short-sleeved and must be tucked neatly in pants.
- White embroidered turtleneck is appropriate in winter.
- Plain navy blue or black dress pants (no cargo pants, elastic at ankle or baggy pants).
- Navy blue dress shorts purchased from Stitchworks. (Shorts may only be worn in September, October, April, May and June.) Shorts are worn with a light blue embroidered polo shirt tucked in.
- Plain navy blue embroidered sweater or fleece (pullover or cardigan) or blue embroidered sweater vest purchased from Stitchworks or Recognition Experts.
- Black, navy, or SOLID white socks (no golf/tennis socks/athletic/sports socks are allowed). Socks must be above the ankle.

BELTS

A belt needs to be worn with pants and shorts, as shirts are required to be tucked-in. A uniform plaid, solid black, blue, or brown belt is acceptable. If a younger student struggles with belt, please use your discretion.

SHOES

- Dress Shoe A dark, rubber-soled (non-marking), flat heeled solid dress shoe (tie, velcro, or loafer style) is to be worn with the dress uniform including the dress shorts and skort. No clogs, crocs, or open-backed shoes are allowed. No shoes with buckles will be allowed as they may scratch the desks and floors.
- P. E. Shoe Any LOW TOP sneaker. Please no high tops, no lights and no wheelies. (To be worn only on PE/gym days).
- Shoes and sneakers that make no marks protect our gymnasium floor and school hallway. *Shoes and sneakers that follow the code have been found at Kohl's, Famous Footwear, JC Penney, Wal-Mart and Target.

PE UNIFORM

This uniform is the school uniform on your child's PE days.

- Gray embroidered sweatshirt (winter), gold screen-printed T-shirt or Dri-Fit (short sleeve and long sleeve available). Only a St. Rita logo is permitted on PE uniforms. PLEASE, NO CYO/ST. RITA TIGER shirts/jerseys -- they are for sports events. No spirit wear on PE days.
- Solid black embroidered PE pants (winter) or long, loose-fitting, screen-printed mesh black shorts (September, October, April, May, and June). (Please remember shorts should be at fingertip length.)
- Any LOW TOP sneaker. Please no high tops, no lights and no wheelies. (To be worn only on PE/gym days).
- St. Rita sweatshirts may be worn *only* on PE days (not with dress uniform).

PE uniforms <u>MUST</u> be purchased at Stitchworks, or Recognition Experts (online at http://www.recognitionexperts.com/ Click on 'Teams, Schools, Corporate' link at the top).

Embroidered and screen-printed items are now mandatory.

Embroidered items:

Girls: Peter Pan collared blouses, white turtlenecks, polo shirts, sweaters, PE sweatshirts and PE pants.

Boys: Blue polo shirts, white turtlenecks, sweaters, sweater vests, PE sweatshirts and PE pants.

Screen-Printed Items:

Girls and Boys:PE T-shirt and long, loose-fitting, black mesh shorts

Please label ALL clothes with child's name.

NON-UNIFORM DAYS

Students are expected to dress in a manner appropriate for school -- clean, neat clothes. Shorts can only be worn on Non-Uniform Days in September, October, April, May, and June. Please remember shorts must be at fingertip length.

Students are NOT to wear shirts with offensive writing or pictures.

COLD WEATHER

Students need to be dressed for the weather. (Once the cold weather sets in, winter coats, snow pants, hats, mittens/gloves, boots, and extra socks, etc. are needed, especially when children are outside at lunch recess.) Please label ALL clothes with child's name.